Unpacking the Mess. Reclaiming Your Power. "Your purse tells your story—but YOU decide what to carry forward." — ReShaun Webb → STEP 1: Dump It Out What are you carrying mentally or emotionally that may be weighing you down? Write down anything that comes to mind—thoughts, pressures, roles, expectations, or emotions. I am currently carrying ✓ STEP 2: Sort It Out Now take a closer look. Which of these things are: ✓ Yours to Keep These fuel your peace, growth, or purpose.	PURSE RESET WORKSHEET
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Time to Let Go	Time to Let Go

These no longer serve you.
STEP 3: Repack with Purpose
What are the 3 things you choose to carry forward from today on?
BONUS REFLECTION:
What boundary or mindset shift do you need to protect your peace?
○ Your Personal Power Statement:
"Starting today, I will no longer carry"
/
"Instead, I choose to carry"
/